

## Medium Term Plan: Supporting Implementation of LTP/Progression Grid

**Subject:** KS1 Year B Team Games-Modified NET/WALL

**Key Concept- Concepts:** Joy of movement, personal challenge, building resilience, Critical thinking and action  
**PoS aims from NC:**

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect

### Prior Learning (what pupils already know and can do)

- taken part in throwing and catching activities
- practised striking a ball, eg with rackets, sticks
- played a range of running games, eg beat the runner (chasing a ball passed around bases)

### Long-term Learning (what pupils MUST know and remember) End Goals

<u>Year 1 related skill acquisition</u>	<u>Year 2 related skill acquisition</u>	
Manipulation skills and effort awareness – applying controlled force to send an object into targets at different distances *Body awareness and location of self - choosing an appropriate distance away from the target, and understanding how the body moves when throwing an object toward a target	Applying appropriate skills to be proficient when throwing an object toward a target (e.g., work on accuracy by following through in the direction of the target) *Applying tactics that will increase the chances of hitting a target (e.g., keeping eyes on the target to improve aim and increase the accuracy of the throw)	They outline the basic principles and tactics of attack and defence; giving pupils the opportunity to join in throughout. This topic provides a link to the key invasion games in KS2 By the end of this unit: <b>All children should be able to:</b> <ul style="list-style-type: none"> <li>• Identify useful spaces for passing and receiving a ball</li> <li>• Defend a goal or space</li> <li>• Indicate their intentions to their teammates</li> <li>• Attempt to evade defenders</li> <li>• Identify strengths and areas in which they could improve</li> </ul> <b>...some children will be able to:</b> <ul style="list-style-type: none"> <li>• Use space effectively and intentionally</li> <li>• Use both attacking and defending skills at the same time during a team game</li> <li>• Identify ways they can improve</li> </ul> <b>...most children will be able to:</b> <ul style="list-style-type: none"> <li>• Begin to use space well to pass and receive a ball</li> </ul>

### Key Vocabulary

In this unit children will have an opportunity to use a range of words and phrases, such as:

- Batting-Striking
- fielding- Throwing, catching
- bowler- Underarm/overarm
- score- Runs - points

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### Lesson 1

Skills: I can...

Send and receive a ball with some degree of accuracy

Move quickly into good positions to catch

Knowledge: I know....

What a position of readiness looks like

To track the flight of the ball with my eyes

Assessment: I can...

Link skills to perform actions and sequences of movement

### Lesson 2

Skills: I can...

Strike a ball with some degree of accuracy

Volley a ball by getting in line and underneath it

Knowledge: I know....

Which is the best technique to return a ball

Assessment: I can...

Communicate effectively and work well with others

### Lesson 3

Skills: I can...

Send a ball with increasing accuracy

Keep a rally going with a partner

Knowledge: I know....

That I have to get under the ball sufficiently to strike it upwards and over a net

Assessment: I can...

Demonstrate understanding and interpretation of rules and accept decisions given

### Lesson 4

Skills: I can...

Develop a good grip and stance

Begin to strike with more consistency and accuracy on the forehand

Knowledge: I know....

How to form a ready position

What a T shape is

Assessment: I can...

Start to link skills to perform actions and sequences of movement

### Lesson 5

Skills: I can...

Return a ball, after one bounce, that has been thrown to me by a partner

Begin to rally a few shots with more success

Knowledge: I know....

That the ball has to go over the net, and land in the court on the other side

That I need to move quickly, to get into good positions to return the ball

Assessment: I can...

Communicate effectively and work well with others

### Lesson 6

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Skills: I can...

Strike a backhand from my own feed

Play a game against an opponent using a variety of shots

Move fluently around the court

Knowledge: I know....

How to play a game of short tennis against an opponent

To try and get back to the centre of the court after each shot

Assessment: I can...

Demonstrate understanding and interpretation of rules and accept decisions given

**Future learning this content supports:**

- This unit lays the foundations for future striking and fielding games units, in which children will play a variety of games, eg stoolball, rounders, kwik cricket. They will develop and adapt the games themselves, making up their own rules and choosing which equipment to use. They will also have opportunities to use their skills of throwing, catching, hitting and kicking in invasion and net/wall games units.