

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soren and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Meat Free Monday

- ✔ Homemade Macaroni Cheese
- ✔ Vegetarian Sausage Roll baked diced potatoes and beans
- Strawberry Ice Cream Roll

### Tuesday

- ✔ Cooks choice curry served with 50/50 rice
- ✔ Baked fishcake, baked potato waffles, peas and sweetcorn

Fresh Fruit Segments or yoghurt

### Wednesday

- ✔ Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

- ✔ Hot Tuna Panini served with coleslaw, sweetcorn and salad

Homemade Blueberry Cake

### Thursday

- ✔ Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans
- ✔ Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

### Friday

- ✔ Cooks choice Homemade Lasagne or Pasta Bake served with seasonal vegetables

- ✔ Homemade Cheese Flan served with baked jacket wedges sweetcorn and salad

- ✔ Jelly and Fruit

## Week Two

### Meat Free Monday

- ✔ Margarita Pizza served with baked jacket wedges and sweetcorn

- ✔ Baked Falafel with Couscous and salad

Raspberry Ripple Ice Cream Roll

### Tuesday

- ✔ Chilli Beef served with 50/50 rice

- ✔ Hot Ham and Cheese Panini, fresh salad, coleslaw

Fresh Fruit Salad or Yoghurt

### Wednesday

- ✔ Spaghetti Bolognese served with mixed vegetables

- ✔ Spicy Quorn served with savoury rice and mixed vegetables

- ✔ Jelly and Fruit

### Thursday

- ✔ Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

- ✔ Chicken goujons served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Biscuit

### Friday

- ✔ Chicken curry and rice
- ✔ Selection of filled wraps

Cooks choice  
Homemade Carrot Cake or Banana and Oat Cake

## Week Three

### Meat Free Monday

- ✔ Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

- ✔ Quorn nuggets with baked herby diced potatoes, and sweetcorn

Chocolate Ice Cream Roll

### Tuesday

- ✔ Homemade Cajun Chicken in a bun, Baked wedged potatoes, coleslaw and sweetcorn

- ✔ Vegetarian Burger in a bun Baked wedged potatoes, coleslaw and sweetcorn

Fresh Fruit Segments or Yoghurt

### Wednesday

- ✔ Chicken Tikka Masala served with 50/50 rice

- ✔ Baguette pizza served with fresh salad and coleslaw

Apple Crumble and custard

### Thursday

- ✔ Crumb coated chicken served with chunky chipped potatoes, garden peas or baked beans

- ✔ Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Biscuit or Cookie

### Friday Cooks choice

- ✔ Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas  
Or  
All Day Breakfast

Twice Baked Jacket Potatoes with ham and cheese served with baked beans

- ✔ Jelly and Fruit



Menu cycle week one: 24 Apr, 15<sup>th</sup> May, 5<sup>th</sup> Jun, 26<sup>th</sup> Jun, 17<sup>th</sup> July, 7<sup>th</sup> Aug, 28<sup>th</sup> Aug, 18<sup>th</sup> Sept, 9<sup>th</sup> Oct, 30<sup>th</sup> Oct

Menu cycle week two: 10<sup>th</sup> Apr, 1<sup>st</sup> May, 22<sup>nd</sup> May, 12<sup>th</sup> Jun, 3<sup>rd</sup> July, 24<sup>th</sup> July, 14<sup>th</sup> Aug, 4<sup>th</sup> Sept, 25<sup>th</sup> Sept, 16<sup>th</sup> Oct

Menu cycle week three: 17<sup>th</sup> Apr, 8<sup>th</sup> May, 29<sup>th</sup> May, 19<sup>th</sup> Jun, 10<sup>th</sup> July, 31<sup>st</sup> July, 21<sup>st</sup> Aug, 11<sup>th</sup> Sept, 2<sup>nd</sup> Oct, 23<sup>rd</sup> Oct

## School Menu Spring/Summer 2023-2024



✔ Vegetarian ✔ Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council