

Medium Term Plan: Supporting Implementation of LTP/Progression Grid

Subject: Personal Development;	Changing Me	Year B: UKS2
<p><i>NB The statutory and non-statutory objectives are continuously revisited in a spiral curriculum using Jigsaw toolkit. Within themed topic's we teach objectives discreetly in MTP's whilst revisiting in outline previously taught objectives. For the purpose of this MTP we are emphasising the following objectives that pupils should be taught;</i></p> <p>RSHE Statutory Guidance Caring Friendships 2a-c,e Respectful Relationships 3a-e,h Being Safe 5a-h Mental Health 6b-d,i Changing Adolescent Body 13a-b</p> <p>Non Statutory Guidance Citizenship KS2 Developing confidence and responsibility and making the most of their abilities 1a-e Preparing to play an active role as citizens 2a-f,k Developing a healthy, safer lifestyle 3e,f-g Developing good relationships and respecting the difference between people 4a,c,g Breadth of Opportunities 5a-i</p>		
<p>Prior Learning (what pupils already know and can do) Know how unique they are Know how to accept changes to their bodies and what being confident is Know that they will transition from one stage in life to another; school, body Know how babies grow and human growth Know that as they grow they will have changing feelings that will be positive and negative Know how to take part in a discussion successfully</p>		
<p>End Points (what pupils MUST know and remember) Know about self -image Know how a girl's body changes during puberty Know about the importance of mentally and physically looking after my self Know changes will happen when I become a teenager Know about the importance of positive self-esteem Know about secondary school transition and I am ready for it Know about the risks of carrying a Knife</p>		
<p>Key Vocabulary to teach each session; self- Image, self- esteem, transition, puberty, teenager, knife crime, gun crime, knives, consequences, escalation</p>		
<p>Session 1: Learn about body image. Understand the changes to a girl's body and how to look after mental and physical health; puberty is a natural process and happens to everybody and it will be ok for me. Taught Year B Changing Me Units 1 & 2</p>		
<p>Session 2: Learn about being a teenager and the responsibilities it brings with it. Learning to cope with the next 2 years and the changes it will bring. Learn to become confident with the changes of growing up. Taught Year B Changing Me Units 1 & 2</p>		
<p>Session 3: Learn about how to develop my own self -esteem, and what this means. Becoming more confident to express views on changes that are happening to me. Learn how to develop my positive self-image. Taught Year B Changing Me Units 1 & 2</p>		
<p>Session 4: Think about transition to another setting and what this will mean for me. Think about how I can help myself to get ready for this. Taught Year B Changing Me Units 1 & 2</p>		
<p>Session 5: Knife Crime / Gun Crime; In both areas explore through 4 stages; reassurance, risk, consequences and responsibility. Children learn about the reasons why people choose to carry a</p>		

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knife. Learn about the risks, carrying a knife in their pocket, meeting others who carry knives, keeping secrets about others who may carry a knife. Explore key concepts does it make you safe or unsafe. Learn about the law on carrying Knives, blade under 3 ½ inches. Legal carriage of Knives, pen knife Swiss army knife, and were it is offensive even if legal.

Optional Jigsaw ages 7-11

Session 6: Debate; Learn about what a debate is and that debate as a defined structure in order for it to be considered as a debate. Work as a team, write individual speeches before you come together, brainstorm, analyse the evidence, Argue for both sides, prepare speeches, be confident. Learn about debating rules and vocabulary; logical illogical, the structure of firstly secondly, in addition etc.