

## PE Overview 2023 to 2024

### EYFS

Nursery	Locomotion and stability	Dance Gymnastics	Fine motor skills Target games
Reception	Fundamental movement skills and stability	Dance Gymnastics	Net and wall games Athletics

### KS1 (two 1-hour sessions per week)

A	Athletics Inclusive sports	Football Tag Rugby	Dance Gymnastics	Pickleball Volleyball	Kwik Cricket Softball	Disc golf Skittle bowl
B	Athletics Inclusive sports	Football Tag Rugby	Dance Gymnastics	Pickleball Volleyball	Kwik Cricket Softball	Disc golf Skittle bowl

### Lower KS2 (two 1-hour sessions per week)

A	Athletics OAA	Football Tag Rugby	Dance Gymnastics	Tennis Volleyball	Cricket Softball	Boules Ultimate Frisbee
B	Athletics OAA	Football Tag Rugby	Dance Gymnastics	Tennis Volleyball	Cricket Softball	Boules Ultimate Frisbee

### Upper KS2 (two 1-hour sessions per week)

A	Athletics OAA	Football Rugby	Dance Gymnastics	Tennis Spikeball	Cricket Softball	Crown Green Bowls Tri-golf
B	Athletics OAA	Football Rugby	Dance Gymnastics	Tennis Spikeball	Cricket Softball	Crown Green Bowls Tri-golf

\*Alternate sports/activities are used in Year A and Year B to support progression

Year 3 and 4 – Swimming / Year 5 and 6 – Swimming top-up as required / Years 3 and 4 – Tag Rugby with Warrington Wolves Foundation