

SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soren and cheese & biscuits
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Week One

Meat Free Monday

- ✔ Homemade Macaroni Cheese
- ✔ Vegetarian Sausage Roll baked diced potatoes and beans
- Strawberry Ice Cream Roll

Tuesday

- ✔ Cooks choice curry served with 50/50 rice
- ✔ Baked fishcake, baked potato waffles, peas and sweetcorn

Fresh Fruit Segments or yoghurt

Wednesday

- ✔ Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas
- ✔ Hot Tuna Panini served with coleslaw, sweetcorn and salad

Homemade Blueberry Cake

Thursday

- ✔ Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans
- ✔ Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

- ✔ Cooks choice Homemade Lasagne or Pasta Bake served with seasonal vegetables
- ✔ Homemade Cheese Flan served with baked jacket wedges sweetcorn and salad

- ✔ Jelly and Fruit

Week Two

Meat Free Monday

- ✔ Margarita Pizza served with baked jacket wedges and sweetcorn

- ✔ Baked Falafel with Couscous and salad

Raspberry Ripple Ice Cream Roll

Tuesday

- ✔ Chilli Beef served with 50/50 rice
- ✔ Hot Ham and Cheese Panini, fresh salad, coleslaw

Fresh Fruit Salad or Yoghurt

Wednesday

- ✔ Spaghetti Bolognese served with mixed vegetables
- ✔ Spicy Quorn served with savoury rice and mixed vegetables

- ✔ Jelly and Fruit

Thursday

- ✔ Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

- ✔ Chicken goujons served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Biscuit

Friday

- ✔ Chicken curry and rice
- ✔ Selection of filled wraps

Cooks choice
Homemade Carrot Cake
or Banana and Oat Cake

Week Three

Meat Free Monday

- ✔ Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

- ✔ Quorn nuggets with baked herby diced potatoes, and sweetcorn

Chocolate Ice Cream Roll

Tuesday

- ✔ Homemade Cajun Chicken in a bun, Baked wedged potatoes, coleslaw and sweetcorn

- ✔ Vegetarian Burger in a bun Baked wedged potatoes, coleslaw and sweetcorn

Fresh Fruit Segments or Yoghurt

Wednesday

- ✔ Chicken Tikka Masala served with 50/50 rice

- ✔ Baguette pizza served with fresh salad and coleslaw

Apple Crumble and custard

Thursday

- ✔ Crumb coated chicken served with chunky chipped potatoes, garden peas or baked beans

- ✔ Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Homemade Biscuit or Cookie

Friday Cooks choice

- ✔ Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas
Or
All Day Breakfast

Twice Baked Jacket Potatoes with ham and cheese served with baked beans

- ✔ Jelly and Fruit



Menu cycle week one: 24 Apr, 15th May, 5th Jun, 26th Jun, 17th July, 7th Aug, 28th Aug, 18th Sept, 9th Oct, 30th Oct

Menu cycle week two: 10th Apr, 1st May, 22nd May, 12th Jun, 3rd July, 24th July, 14th Aug, 4th Sept, 25th Sept, 16th Oct

Menu cycle week three: 17th Apr, 8th May, 29th May, 19th Jun, 10th July, 31st July, 21st Aug, 11th Sept, 2nd Oct, 23rd Oct

School Menu Spring/Summer 2022-2023



= Vegetarian V = Vegetarian substitute available
Lunch will be served with fresh milk or drinking water.
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website
www.warrington.gov.uk/schoolmeals



WARRINGTON
Borough Council

